CHICKEN NUGGETS



INGREDIENTS

CHICKEN PIECES 65.0 KG
CHILLED WATER 25.0 L
SALT 1.0 KG
PACIFIC CHICKEN ROLL
PREMIX 9.0 KG

TOTAL 100.0 KG



METHOD

ADD CHICKEN PIECES, PREMIX, WATER AND SALT

MIX OR MASSAGE UNTIL ALL FREE LIQUID IS ABSORBED.

FILL INTO POLYMER CASING.

COOK IN WATER AT 80 DEGREES CELSIUS
INTERNAL 65 DEGREES CELSIUS.

CHOP INTO BITE-SIZE PIECES AND DIP
IN EGG, FLOUR AND BREADCRUMBS.

DEEP FRY AT 180 DEGREES CELSIUS
UNTIL GOLDEN BROWN.

COMMENTS

FOR VARIETY

FOR A SPICY NUGGET ADD 5G OF CAYENNE PEPPER TO EACH KG OF BREADCRUMBS.